

# Water Oak Aikikai's 2022 O-Shogatsu

(New Years Celebration)

**January 8, 2022 10:00 am - Noon**

**Meditation**

We will take a few minutes to remember the past year and contemplate the coming year.

**1000 Sword Cuts**

We will perform 1000 sword cuts to prepare ourselves for the rigors of the new year.

**New Year's Testing**

We will hold testing to celebrate the past year's accomplishments.

**Aikido Practice**

We will celebrate the beginning of a new year with a vigorous practice.

**Zoom Meeting ID: 937 170 0437**

**<http://aikikai.water-oak.net>**

**Zoom Password: Aikido**

