

Water Oak Aikikai's 2021 O-Shogatsu (New Years Celebration)

January 9, 2021 10:00 am - Noon

Special Guest - Donovan Waite, Shihan (via Zoom)

Meditation

We will take a few minutes to remember the past year and contemplate the coming year.

1000 Sword Cuts

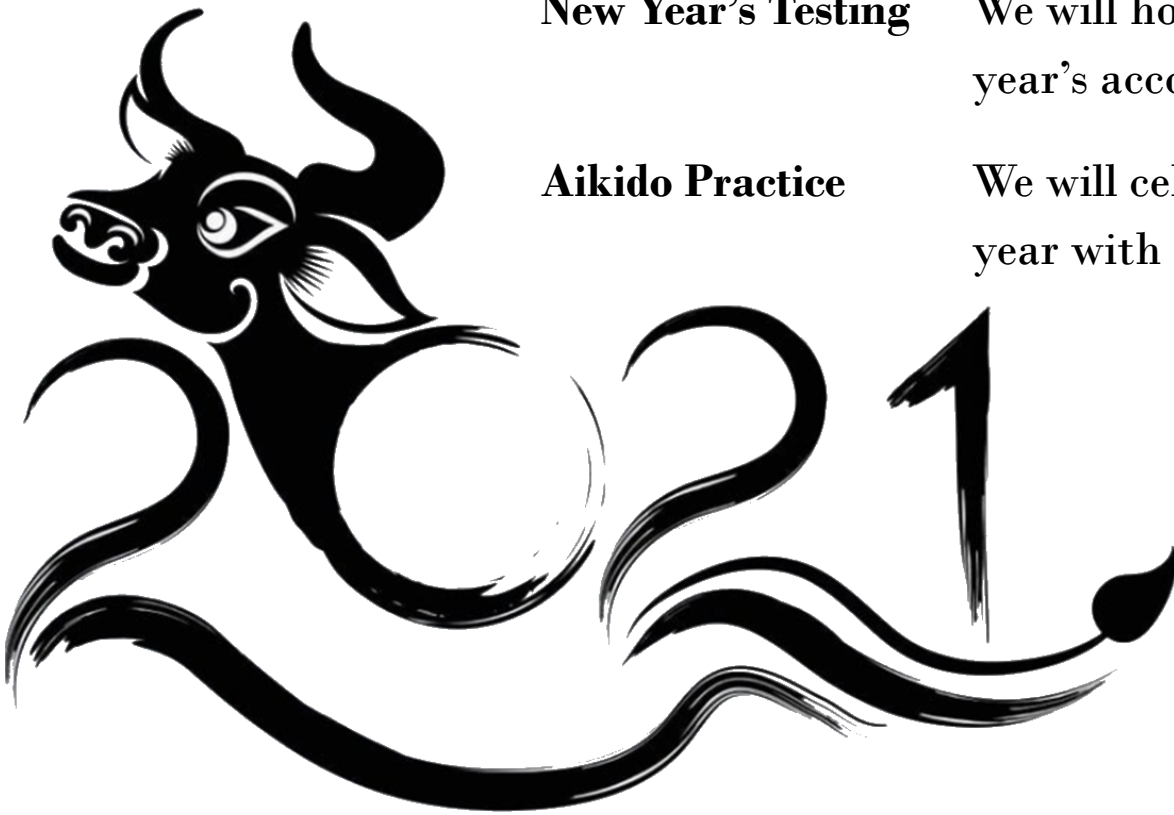
We will perform 1000 sword cuts to prepare ourselves for the rigors of the new year.

New Year's Testing

We will hold testing to celebrate the past year's accomplishments.

Aikido Practice

We will celebrate the beginning of a new year with a vigorous practice.



Zoom Meeting ID: 937 170 0437

Zoom Password: Aikido

<http://aikikai.water-oak.net>