



WATER OAK AIKIKAI



AIKIDO & Self Defense

Adult and Family Programs

Water Oak Aikikai is an intimate, traditional dojo tucked into the beautiful woods of Weddington, NC in the South-East portion of the Charlotte metro-area.



We are a member of the [United States Aikido Federation \(USAF\)](#) under the direct supervision of Shihan Yoshimitsu Yamada. The USAF is a non-profit educational institution created for the purpose of spreading and maintaining the integrity of the Japanese martial art of Aikido, as exemplified and developed by its Founder, Morihei Ueshiba, and as disseminated by the Aikikai Foundation, Aikido Hombu Dojo, the Aikido World Headquar-

No contracts.

Monthly membership includes first uniform and all test fees.

Aikido \$65

Discounted Family Rates

Chief Instructor:

William McLuskie (704) 651-9119

Dojo-Cho:

Brenda McLuskie (704) 708-4880

<http://www.water-oak.net/>

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30-8:30 am							Yoga for Martial Arts
8:30-10:00 am							Aikido for Families (1)
10:00-11:00 am							Koryu Weapons Jodo & Iaido
4:30-6:00 pm	Aikido for Families (1) 1st & 3rd Sundays						
7:00-8:30 pm			Aikido		Aikido	Aikido Test Preparation (2)	

(1) Aikido for Families focuses on bringing the entire family together for a common training session. **Everyone** is welcome to these classes.

(2) Aikido Test Preparation is arranged through Brenda